

Outreaches and projects

Shaftesbury Library

Appointments and drop in on
Wednesdays, to book call 01747
835016

Royal British Legion, Blandford

Fridays, to book call 01747 835016

Vale Pantry, Sturminster Newton

Wednesdays and Thursdays, to book
please call 07968 348481 or
email info@valepantry.co.uk

Gillingham Foodbank

Mondays, Tuesdays, Thursdays. To
book contact the Foodbank.

Blandford Parish Rooms, DT11 7DW

Tuesdays, to book call 01747 835016

The Exchange, Sturminster Newton, DT10 1FH

Friday mornings, to book email advice-nd@centralca.org.uk

**Citizens Advice helps people find a
way forward.**

**We can help you with issues
including :**

**Benefits
Work
Debt and money
Consumer issues
Family and relationships
Housing
Discrimination
Healthcare
Education
Law and Courts**

**0800 144 8848
centraldorsetca.org.uk**



Published July 2025.

Citizens Advice Central Dorset is an operating name of The
National Association of Citizens Advice Bureaux.
Registered charity number 1089018.

Citizens Advice North Dorset



How to contact us

Self help, e-advice and office details can be found at centraldorsetca.org.uk

Dorset Adviceline Freephone:

0800 144 8848

Monday - Friday, 10am-4pm

Email advice:

advice-nd@centralca.org.uk

We give people the knowledge and confidence they need to find their way forward - whoever they are, whatever their problem.

**Confidential, Impartial,
Independent, Free**

About us

Our aims

To provide the advice people need for the problems they face and to improve the policies and practices that affect people's lives.

Our principles

Citizens Advice provides free, independent, confidential and impartial advice to everyone on their rights and responsibilities.

We value diversity, promote equality and challenge discrimination.

Our volunteers

Our volunteers come from all backgrounds and are integral to the service.

Main office

**Newbury Court
Gillingham
SP8 4QX**

Opening times:

Monday - Thursday 10am-3pm

